

The Power of Positive Touch



Suitable
for all
school staff
and family
workers

The **Massage in Schools Programme** is an international child to child fully clothed massage programme developed to be acceptable within the school environment.

The programme supports national strategies including Healthy School Programme, SEAL programme, PHSCE (compulsory from September 2010), Every Child Matters and policies such as anti-bullying and additional needs support.

Research and evaluations over 10 years in the UK show that this programme can result in calmer and more confident children with less aggression and bullying behaviours resulting in increased friendships and positive social networks.

Carol Trower is a Health Professional with a vast amount of experience and knowledge gained as a nurse, midwife, health visitor including a post-graduate diploma in 'Promoting Child Emotional Health'. Carol is also a Reflexologist, Massage Therapist, Infant Massage Instructor and a Massage in Schools Programme Instructor and Trainer.

The training is a **two day** course. It includes a course certificate, a years subscription to the Massage in Schools Association and post training support. It will be of interest to anyone working within a school context who is interested in exploring different ways to meet children's social and emotional needs.

Tuesday **and** Wednesday June 26th and 27th 2012

9 am – 4 pm

eQe Training Centre

(attached to Abbey Hey Primary School)

Cost: £240+VAT (includes lunches)



▲ Therapeutic Approaches ▲