

Securing the Base



Suitable
for all
school
staff and
family
workers

Demystifying attachment theory

Children and young people with concerning behaviour often receive a label of 'Attachment Disorder'. This one-day course will use creative approaches as well as conventional learning techniques to explore the theory of attachment and the behaviours that result from good or inadequate attachments. It will also look at what schools can do to promote secure attachment, as school is often the consistent safe place in a child's life.

Cath Mackay is a qualified social worker who has worked in Probation and Youth Justice, and for the NSPCC delivering therapeutic interventions for children and families. She has also specialised in sexual abuse assessment and intervention. She is currently a mental health practitioner with a community based CAMHS team, which focuses on Looked after Children and Children in Need. She is also a qualified Cognitive Behavioural Therapist who also works for Adult Mental Health.

"Every member of staff in school should and would find this course useful."

Learning Mentor

"I feel enlightened as to the complexity of attachment issues and more confident in thinking about strategies." Senco

Wednesday January 18th 2012

9.30-3.30

eQe Training Centre

(attached to Abbey Hey Primary School)

Cost: £80+VAT (includes lunch)



equilibrium and enablement

▲ Understanding Behaviour and Emotional Needs ▲