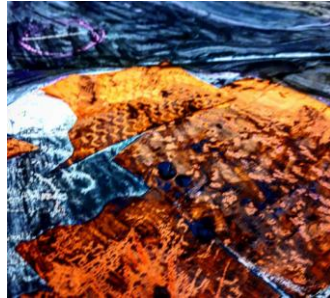


‘The Elements’

Using Art to
develop Emotional
Skills and to
enhance Wellbeing



Suitable for
class
teachers,
therapists,
learning
mentors and
staff providing
social and
emotional
support.

Have you considered using visual art stimuli, paint and expressive mark making with your young people to enable self exploration and express emotions?

This practical and creative day will explore the use of metaphor and expressive art with children, young people and adults. We will consider the relevance and power of visual art in classrooms, therapy environments and mentoring relationships.

The workshop is designed to build confidence and develop basic art skills; drawing, painting and collage techniques, and to discover how these skills can be used in a context of emotional exploration with adults/children/young people. The activities will be ‘hands on’ so come prepared to participate.

David Hulston, co-author of ‘Think inside the sketchbook’ (Harper Collins), works in schools and community groups developing creative and relevant learning opportunities for exploring and expressing identity through the arts.

“This was an amazing day; the theory and hands on activities were very inspiring” Nurture Room Teacher

“A great opportunity to explore with paint and relate it to our emotions.” LSA

Wednesday June 13th 2018
9.30-3.30

**Hazel Grove Baptist Church, Station Street,
Hazel Grove SK7 4EX.**

Cost:£90+VAT(includes lunches)



Email:bridget.sheehan@eQe-ltd.com
07717805074