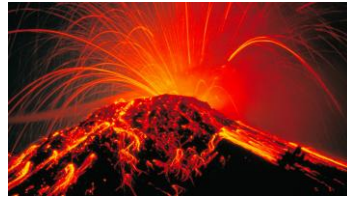


# Volcanoes, Earth Tremors and Icebergs



Suitable for all school staff  
and family workers

**‘Understanding and working  
creatively with anger’**

**Anger is part of our human nature. The better we understand it  
the better we can understand ourselves and each other.**

This workshop will increase your understanding of the complex nature of anger and therefore will increase your understanding of the behaviours you encounter in life. It will also look at creative ways to work with anger to enable children to be able to express themselves more productively. The activities will be experiential so come prepared to participate.

Previous trainees said:

“Best course ever attended!”

“Brilliant. Great range of activities.”

“It was an excellent day – not a minute wasted.”

Bridget Sheehan is the Director of eQe and the creator of the Th.Inc.Room approach. She is an experienced teacher, therapist, behaviour consultant and trainer and has worked in schools for over 20 years.

Wednesday July 2nd 9.30-3.30

**The Bridge, Gladeside Road, Benchill, Wythenshawe, M22 9QZ**

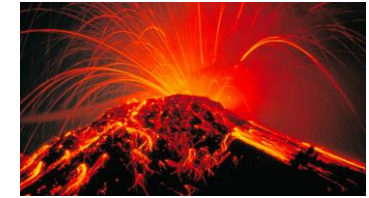


Cost: £85+VAT (includes lunch)  
Contact Bridget for further information

[bridget.sheehan@eQe-Ltd.com](mailto:bridget.sheehan@eQe-Ltd.com)

07717805074

# Volcanoes, Earth Tremors and Icebergs



Suitable for all school staff  
and family workers

**‘Understanding and working  
creatively with anger’**

**Anger is part of our human nature. The better we understand it  
the better we can understand ourselves and each other.**

This workshop will increase your understanding of the complex nature of anger and therefore will increase your understanding of the behaviours you encounter in life. It will also look at creative ways to work with anger to enable children to be able to express themselves more productively. The activities will be experiential so come prepared to participate.

Previous trainees said:

“Best course ever attended!”

“Brilliant. Great range of activities.”

“It was an excellent day – not a minute wasted.”

Bridget Sheehan is the Director of eQe and the creator of the Th.Inc.Room approach. She is an experienced teacher, therapist, behaviour consultant and trainer and has worked in schools for over 20 years.

Wednesday July 2nd 9.30-3.30

**The Bridge, Gladeside Road, Benchill, Wythenshawe, M22 9QZ**



Cost: £85+VAT (includes lunch)  
Contact Bridget for further information

[bridget.sheehan@eQe-Ltd.com](mailto:bridget.sheehan@eQe-Ltd.com)

07717805074