

Training, Consultation

Training

We can tailor make a staff meeting/Inset for you or you can pick from the following themes:

- Understanding children's emotions and behaviour – The Time Zone Model© and an overview of all the influences*
- Understanding children's emotions and behaviour – early development and the impact of parenting*
- Understanding children's emotions and behaviour – the impact of inadequate Attachments *
- Understanding children's emotions and behaviour – the impact of Trauma *
- Understanding children's emotions and behaviour – an overview of what to do*
- Understanding children's emotions and behaviour – application of the training using the Time Zone model©*
- The Therapeutic School
- 5 Paths to Wellbeing – A whole School Approach.
- Developing Emotional Intelligence – a whole school approach
- Developing a whole school emotional check in system to enhance wellbeing
- Stress Busting for Staff – using a 3 step approach to Understanding and Managing Stress
- Understanding and working creatively with anger
- Understanding and developing Executive Functioning
- Mindfulness and Grounding Skills - Practical approaches to help children manage overwhelming emotions
- Relaxation and visualisation
- Story-telling touch games (peer massage)
- Circle time – practical skills to use with a whole class
- Understanding the power of play
- Understanding the Th.Inc.Room approach
- How to use the outdoors for learning
- Wilderness Therapeutic approaches in Schools
- Engaging Boys

COSTS: Full day - £550+VAT

Half day - £386+VAT

Twilight - £275+VAT

Staff meeting - £110+VAT

*Behaviour Detectives - Understanding Behaviour, and meeting Emotional Needs: Whole Staff Course - £1485+VAT (six twilights at 10% discount) , or £990+VAT (two days inset at 10% discount)

Consultation

Whole school: We work with schools to enable them to look at their whole school approach – the meeting of emotional needs, addressing behaviour and promoting wellbeing, and to work out how they wish to progress in these areas.

Individual Pupils: We provide consultations on individual pupils who may be challenging or concerning. With a depth of knowledge around the causes of behaviour, and years of experience of meeting children's needs we can provide insight and suggest strategies to better manage pupils' behaviour and to meet their needs.

COSTS: 1 and a half hours - £117+VAT

Contact Bridget Sheehan: 07717805074/ bridget.sheehan@eQe-ltd.com

www.eQe-ltd.com