

## Training, Consultation

### Training

We can tailor make a staff meeting/Inset for you or you can pick from the following themes:

- Understanding children's emotions and behaviour – an overview of all the influences\*
- Understanding children's emotions and behaviour – an overview of what to do\*
- Understanding children's emotions and behaviour – the impact of inadequate Attachments (2 staff meetings)\*
- Understanding children's emotions and behaviour – early development and the impact of early life experiences\*
- Understanding children's emotions and behaviour – the impact of Trauma \*
- 'I am a spear' – Wilderness Therapeutic approaches in Schools
- Understanding and working creatively with anger
- The Therapeutic School
- 5 Paths to Wellbeing – A whole School Approach.
- Developing Emotional Intelligence – a whole school approach
- Developing a whole school emotional check in system to enhance wellbeing
- Stress Busting for Staff – using a 3 step approach to Understanding and Managing Stress
- Relaxation and visualisation
- Story-telling touch games (peer massage)
- Story telling
- Circle time
- Understanding the power of play
- Understanding the Th.Inc.Room approach
- How to use the outdoors for learning
- Engaging Boys

COSTS: Full day - £550+VAT

Half day - £386+VAT

Twilight - £275+VAT

Staff meeting - £110+VAT

\*Understanding Behaviour, and meeting Emotional Needs 'Whole Staff Course - £594+VAT (6 staff meetings at 10% discount)

### Consultation

**Whole school:** We work with schools to enable them to look at their whole school approach – the meeting of emotional needs, addressing behaviour and promoting wellbeing, and to work out how they wish to progress in these areas.

**Individual Pupils:** We provide consultations on individual pupils who may be challenging or concerning. With a depth of knowledge around the causes of behaviour, and years of experience of meeting children's needs we can provide insight and suggest strategies to better manage pupils' behaviour and to meet their needs.

COSTS: 1 and a half hours - £117+VAT

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